

PERSONALITY & EMOTIONAL INTELLIGENCE



Emotional Intelligence

Research shows that social and emotional abilities are four times more important than mental abilities in determining professional success. All leaders need to have a high "EQ." Synergy Global Resources provides instruments that measure emotional intelligence to identify the current competencies and areas for growth, and the coaching to support that growth.

Personality Type Training

Personality type training is an excellent foundational tool for your employees to understand themselves and others. It is useful in conflict management, self-management, stress management, teamwork, cross-cultural understanding, management, leadership, group problem-solving and decision-making, and in many other ways. Synergy Global Resources utilizes several tools, formats, and exercises in 2-3 day workshops, and provide ongoing refresher training courses to ensure the new found skills and insights are continually being used by your employees.

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